



DANA CONLEY, M.A., C.Ht., RYT-500

1000 Bristol St. N. #17-164, Newport Beach, Ca 92660

Danananda@CreatePositiveChange.com

OBJECTIVE: *To educate and empower individuals to transform their lives in positive ways!*

YOGA AND MEDITATION EXPERIENCE AND TRAINING

EXPERIENCE:

DBT Center of Orange County, Newport Beach, California (2015 to present)
Cornerstone of Southern California, Santa Ana, California (2014 to present)
Orange Coast College, Costa Mesa, California (2014 to present)
Be the Change Yoga Studio, Irvine, California (2013 to present)
Santiago Canyon College, Orange, California (2014 to 2016)
Soul at Home Yoga Studio, Tustin, California (2006 to 2014)
Yoga Shakti Yoga Studios, Huntington Beach and Irvine, California (2005 to 2007)
Yoga Works Yoga Studio, Costa Mesa, California (Substitute Instructor 2001 to 2007)
Full Spectrum Yoga Studio, Newport Beach, California (2001-2003)

TRAINING:

Soul at Home Advanced Yoga Teacher Training (300 Hours)
Allison Prince & Katie Allen Facilitators, June, 2012 - May, 2013

Chakra Yoga Teacher Training (30 Hours)
Anodea Judith, Kripalu Center for Yoga & Health, October, 2011

Pranassage Practitioner Training (100 Hours)
Nosara Yoga Institute, Nosara, Costa Rica, March, 2004

Interdisciplinary Yoga Teacher Training (200 Hours)
Nosara Yoga Institute, Nosara, Costa Rica, February, 2004

Additional Yoga Teacher Trainings
John Childers, Full Spectrum Yoga (2001)
Rocki Graham's Pre-Natal Yoga Teacher Training, Yoga Works (2001)
Erich Schiffmann, Yoga Works (2000)
Yoga Fit Levels 1 & 2, Yoga Fit (2000)



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WORKSHOP PRESENTER & SMALL GROUP FACILITATOR

Mastermind Facilitator

Breathwork: Integrative Breathwork

EFT: Intro to EFT, Empowered EFT, EFT Healing Circles

Journey to the Heart: Guided Inner Journeys to Greater Peace, Purpose, and Passion

Manifestation: BEING the Change, Infinite Possibilities, and Vision Board Creation

Meditation: Introduction to Meditation and Guided Meditation

HOLISTIC HEALING TRAINING

Holoenergetic Healing - Dr. Leonard Laskow and Ellen Friedman (2014 -15)

Reconnective Healing - Dr. Eric Pearl (2012)

Mind-Body Integration - Anodea Judith, Kripalu (2012)

Reiki Master - Anne Reith (2010)

Past-Life Regression – Dr. Brian Weiss, Omega Institute (2010)

Eden Energy Medicine Intensive - Donna Eden, Innersource (2010)

Advanced Hypnotherapy & Regression - Robin Duncan, Miracle Center of Ca (2010)

Integrative Breathwork - Carrie Woodburn & David Elliott (2009)

Hypnotherapy Internship (6 Month Program) - Miracle Center of California (2008)

Certified Hynocoach - Hollis Polk & Sarah Horton, Center for Hypnotherapy (2008)

Life Transformation Practitioner - Marilyn Gordon, Center for Hypnotherapy (2008)

EFT I, II & III Practitioner - Robin Duncan, Miracle Center of California (2007 - 2008)

Certified Hypnotherapist - Robin Duncan, Miracle Center of California (2007)

Pranic Healing I & II -Daniel O'Hara, Institute of Inner Arts and Sciences (2007)

Reiki I, II, & A.R.T. - Anne Reith (2006 - 2007)

FORMAL EDUCATION

Post-Graduate Certificate in Consciousness, Health & Healing, University of Santa Monica, 2008

M.A. Spiritual Psychology, University of Santa Monica, 2004

M.S. Counseling, California State University, Long Beach, 1991

B.A. Special Education, University of Northern Colorado, 1985